

## PREFACE

As a member of the Buchholz Band program, you are expected to set high goals for yourself and the program. The success of YOUR band program first requires that YOU be **100%** dedicated and committed to doing your part in reaching our goals! The rewards of reaching those goals are immeasurable in the development of our students as well-rounded human beings. In addition, it is our belief that “the process is just as important as the product.” This places the emphasis on the development and growth of each individual student, not just on specific performances. Members of the BHS Band develop musically, emotionally, mentally, socially, and physically during their time in the program. Objectives include character-building, commitment, cooperation, dependability, determination, discipline, leadership, punctuality, respect, responsibility, and self-control.

This handbook contains guidelines, regulations, and information to ensure the success of YOUR band. Please **read this handbook carefully** so that you may understand at the outset what is expected of you and what you should expect as a member of the band. Knowledge of the contents of this handbook will provide each student with an understanding of how he/she may best contribute to the productivity and overall success of the program, resulting in the optimum individual experience.

## SUDA

<b>Spirit</b>	Excitement, Enthusiasm, Desire, Pride, Self-Motivation
<b>Unity</b>	Individual members & sections pulling together as one, striving for a common goal
<b>Discipline</b>	Self-control, Concentration, Dedication, Commitment, Organization
<b>Attitude</b>	Having the desire to excel in performance Demonstrating good conduct Dedicating time for practice and rehearsal Showing responsibility with regard to: attendance, punctuality, care of equipment, use of the band facility, fundraising/fair share obligations

## HOW TO DEMONSTRATE SUDA

- ▶ Be the first, never the last, to rehearsals.
- ▶ Always have the needed and required rehearsal items.
- ▶ Wear appropriate rehearsal attire – proper shoes, shorts, etc.
- ▶ Demonstrate desire, spirit and enthusiasm for learning, working, and contributing.
- ▶ Be one of those students who is always “there”; a person who can be counted on.
- ▶ Prepare and master your part in advance - only your best is good enough.
- ▶ Refrain from making comments or carrying on a conversation during a rehearsal.
- ▶ Maintain silence and eye contact with Instructor or Officer in charge.
- ▶ Use “High-Intensity Listening.” (*Listen* and *Silent* are spelled with the same letters.)
- ▶ Stop and listen immediately when cut-off is given or move is completed.
- ▶ Exhibit enthusiasm and patience for practice - understand the need for repetition.
- ▶ If you experience failure, analyze it and make a plan to improve and succeed the next time.
- ▶ Turn work into fun. Enjoy rehearsing – hot, cold, or rainy.
- ▶ Try to learn something new and improve every day.
- ▶ Do your best to make those around you look and sound better.
- ▶ Be humble in your success. Demonstrate class in all situations.

**Remember: “The Band will only be as good as my attitude and my contribution.”**